

## FORT DES MOINES PARK

Welcome to the **Trefoil Trek Nature Walk Challenge**! Get ready for an exciting adventure to explore nature and discover the great outdoors. This challenge will guide you through the park to find the hidden Trefoil while discover nature items along the way. Follow the directions below to get started!

- 1. Use the trail map to help you navigate the Trefoil Trek! Look for the Trefoil along the trail.
- 2. Be sure to practice Leave No Trace: stick to existing trails, don't litter, and leave all natural items where you find them. Grab a bag and pick up any litter you find too!
- 3. As you travel, see if you can find and check off:
  - A bird
  - Something shaped like a Girl Scout cookie
  - A mushroom
  - An animal
  - An acorn or walnut
  - A leaf that is larger than your hand
  - A butterfly or moth
  - A pinecone
  - Something that is blooming
  - An animal footprint
- 4. When you find the Trefoil sign, scan the QR code and fill out the form to claim your free patch!
- 5. When you're done, use the map to find your way back to the starting point!



