



# TREFOIL TREK

## SPRINGBROOK STATE PARK

2437 160th Rd, Guthrie Center, IA 50115

Welcome to the **Trefoil Trek Nature Walk Challenge!** Get ready for an exciting adventure to explore nature and discover the great outdoors. This challenge will guide you through the park to find the hidden Trefoil while discover nature items along the way. Follow the directions below to get started!

1. Use the trail map to help you navigate the Trefoil Trek! Look for the Trefoil along the trail.
2. Be sure to practice Leave No Trace: stick to existing trails, don't litter, and leave all natural items where you find them. Grab a bag and pick up any litter you find too!
3. As you travel, see if you can find and check off:

- A bird
- Something shaped like a Girl Scout cookie
- A mushroom
- An animal
- An acorn or walnut
- A leaf that is larger than your hand
- A butterfly or moth
- A pinecone
- Something that is blooming
- An animal footprint

4. When you find the Trefoil sign, scan the QR code and fill out the form to claim your free patch!
5. When you're done, use the map to find your way back to the starting point!



## MAP KEY

- Beach Area
- Boat Ramp
- Campground
- Dump Station
- Park Office
- Picnic Area
- Restroom - Modern Seasonal
- Shelter
- Youth Group Camp Area
- Parking
- Playground



## TRAIL INFORMATION

Trail Name	Trail Activity	Length	Level of Difficulty	Estimated Hike Time
<b>1</b> Fire	Hike/Mountain Bike	1.11 mi.	Easy	25 minutes
<b>2</b> King	Hike/Mountain Bike	0.39 mi.	Moderate	12 minutes
<b>3</b> Tank	Hike/Mountain Bike	0.35 mi.	Easy	10 minutes
<b>4</b> Aquatic Life	Hike/Mountain Bike	0.61 mi.	Easy	12 minutes
<b>5</b> Timeber Loop	Hike/Mountain Bike	0.77 mi.	Moderate	20 minutes
<b>6</b> Prairie Pond	Hike/Mountain Bike	0.13 mi.	Easy	5 minutes
<b>7</b> River	Hike/Mountain Bike	0.1 mi.	Easy	5 minutes
<b>8</b> CCC	Hike	0.13 mi.	Moderate	8 minutes
<b>9</b> Lake	Hike	1.4 mi.	Easy	30 minutes
<b>10</b> Scout	Hike	0.05 mi.	Moderate	2 minutes
<b>11</b> Buck's Run	Hike/Mountain Bike	0.22 mi.	Moderate	10 minutes

Walking times are figured at a rate of 2.5 mph.